**DAN GUN**

Yellow Belt Form

Meaning: Legendary founder of Korea in the year 2333 BC

Shape: Capital “I”

Number of movements: 21

Kihap Points: 8 & 21

Begin at Parallel Ready Stance:

1. Turn 90 degrees left into right back stance, double knife hand block
2. Step forward right front stance face punch
3. Turn 180 degrees to the back side into left back stance, double knife hand block
4. Step forward left front stance face punch
5. Turn 90 degrees to the back side into left front stance down block
6. Step forward right front stance face punch
7. Step forward left front stance face punch
8. Step forward right front stance face punch, KIHAP
9. Turn 270 degrees to the belt side into right back stance twin forearm block
10. Step forward right front stance face punch
11. Turn 180 degrees to the back side into left back stance twin forearm block
12. Step forward left front stance face punch
13. & 14. Turn 90 degrees to the back side into left front stance down block, rising block combination
14. Step forward right front stance rising block
15. Step forward left front stance rising block
16. Step forward right front stance rising block
17. Turn 270 degrees to the belt side into right back stance single knife hand chop
18. Step forward right front stance face punch
19. Turn 180 degrees to the back side into left back stance single knife hand chop
20. Step forward left front stance face punch, KIHAP