**Tae-Gae**

 Purple Belt Form

Meaning: Shape: Tae-Gae is the pen name of the noted scholar Yi Hwant, an expert on neo Confucianism. The 37 moves represent his birthplace on the 37th latitude.

Number of movements: 37

Shape: Scholar

Kihap Points: 21 & 37

Begin at Ready Stance “B”: Feet together, left hand covers right fist at belt level

1. Turn 90 degrees left into back stance, perform inner forearm block
2. Slide into left front stance, perform groin thrust
3. Turn 90 degrees right (to front of the room) into closed stance, right back fist strike, left down block.
4. Turn 90 degrees right into back stance inner forearm block
5. Slide into front stance, perform groin thrust
6. Turn 90 degrees left (to front of the room) into closed front stance, left back fist strike, right down block
7. Slide into left front stance, perform low kick block
8. Twin face punch
9. Right front kick
10. Right front stance, right punch
11. Left punch
12. Turn 90 degrees to the left into closed stance mountain block ready position by moving fisted hands outward and down to meet at hips (left foot moves to right)
13. Turn left 90 degrees into horse-riding stance mountain block – this should land with a STOMP
14. Turn right 180 degrees clockwise into horse-riding stance mountain block – this should land with a STOMP
15. Turn right 180 degrees clockwise into horse-riding stance mount block – this should land with a STOMP
16. Turn left 180 degrees counter clockwise into horse-riding stance mount block – this should land with a STOMP
17. Turn right 180 degrees clockwise into horse-riding stance mount block – this should land with a STOMP
18. Turn right 180 degrees clockwise into horse-riding stance mount block – this should land with a STOMP
19. Right back stance twin low punch (right foot moves)
20. Left front stance head grab
21. Right knee smash KIHAP
22. Turn left 180 degrees (toward back of room) into right back stance double knife hand block
23. Lead leg left front kick
24. Land left front stance while performing left face poke (aka horizontal spearhand)
25. Left back stance, double knife hand block
26. Lead leg right front kick
27. Land right front stance while performing right face poke (aka horizontal spearhand)
28. Right back stance, down block with left hand back fist strike with right hand
29. Jump into X stance, low kick block
30. Turn right 90 degrees into right front stance, push block
31. Turn left 270 degrees into right back stance, double low (low section)
32. Left front stance right hand circular block
33. Turn right 180 degrees into left back stance, double low (low section)
34. Right front stance left hand circular block
35. Turn 90 degrees into left front stance right hand circular block
36. Turn 90 degrees into right front stance left hand circular block
37. Turn 90 degrees into horse-riding stance right punch KIHAP

When called to ready, return to ready stance B